

For all the latest on biking at Mt Buller and Mt Stirling, visit:

[bike.mtbuller.com.au](http://bike.mtbuller.com.au)



## BIKE RENTAL - RETAIL - SERVICE - CLINICS

### All Terrain Cycles

Offers XC and DH mountain bike hire, tours, spares and repairs. Operates weekends from December to April, plus daily from 26 December to the end of January. Also operates Gravity OZ specialist clinics and camps. **Village Square Plaza, Mt Buller and High St, Mansfield. Ph: 03 5775 2724**

### The Corner Store

Offers XC and DH mountain bike hire, tours, spares and repairs. Operates most days from 26 December to early April. Also operates MTBSkills.com.au specialist clinics and camps. **Village Square Ph: 03 5777 6668**

### The Epicentre

Open daily and located along the Epic trail at Telephone Box Junction Mt Stirling, the Epicentre offers wholesome organic meals, great coffee, bike retail, repairs and extensive local knowledge. **Telephone Box Junction, Mt Stirling T: 0407 730 809**

### Specialist MTB camps and clinics

A number of clinics, camps and ride weekends are run at Mt Buller over summer, and include specialist coaching from world class riders, accommodation, some meals and more. [MTBSkills.com.au](http://MTBSkills.com.au), Gravity OZ and Blue Dirt Mountain Biking run regular clinics and camps all season. **Visit [bike.mtbuller.com.au](http://bike.mtbuller.com.au) for a full listing.**

## MIRIMBAH BIKE SHUTTLE

A bike shuttle runs from the Mirimbah Store (at the base of the mountains) each weekend from 1 November - 26 April. There are four runs to Mt Buller (9am, 11:30am, 2:30pm and 4:30pm), and two runs to Mt Stirling (10:15am and 12:45pm) on Saturdays and Sundays. \$15 for one run or \$40 for four. Additional times can be arranged for groups. **Contact 03 5777 5529 or enquiries@mirimbah.com.au.**

## CONDUCT

The way we ride today shapes mountain bike trail access tomorrow. Keep trails open by setting a good example of environmentally sound and socially responsible off-road cycling. Do your part to preserve and enhance our sports access and image by observing the following rules.

Adapted from *The Rules of the Trail* by the International Mountain Bicycling Association.

1. Ride on open trails only - Respect trail and road closures (ask if uncertain).
2. Control your bicycle - Maintain a safe speed at all times and slow down for blind corners.
3. Leave no trace - Be sensitive to the dirt beneath you and practise low-impact cycling. Wet and muddy trails are more

vulnerable, so when the trail surface is soft consider other routes. Stay on existing trails and don't create new ones. Don't cut corners and avoid skidding as this damages trails and can lead to erosion.

4. Always give way to others - Other trail users have the same rights as you. Anticipate other trail users around corners or in blind spots. When you do come across other trail users let them know you're coming - a friendly greeting is considerate and works well.
5. Respect animals - The resorts are home to a variety of native animals. Animals can be startled by an unannounced approach, sudden movement or a loud noise.
6. Plan ahead - Know your equipment, your ability, and the area in which you are riding and prepare accordingly. Be self-sufficient at all times, keep your equipment in good repair, and carry supplies for changes in weather. Always wear a helmet and appropriate safety gear.

## DOWNHILL MOUNTAIN BIKING

5 gravity trails start at the Northside Discovery Centre, including 4 DH tracks and a flowdown trail. Full face helmets approved to Australian standards are compulsory for all DH riders (with the exception of Copperhead).

Downhill trails at Mt Buller include extremely rough and rocky terrain. Specific downhill or freeride mountain bikes with front and rear suspension are recommended.

## DATES, TIMES & COSTS

Downhill trails are open 10am-4pm daily from 26 December until the end of April.

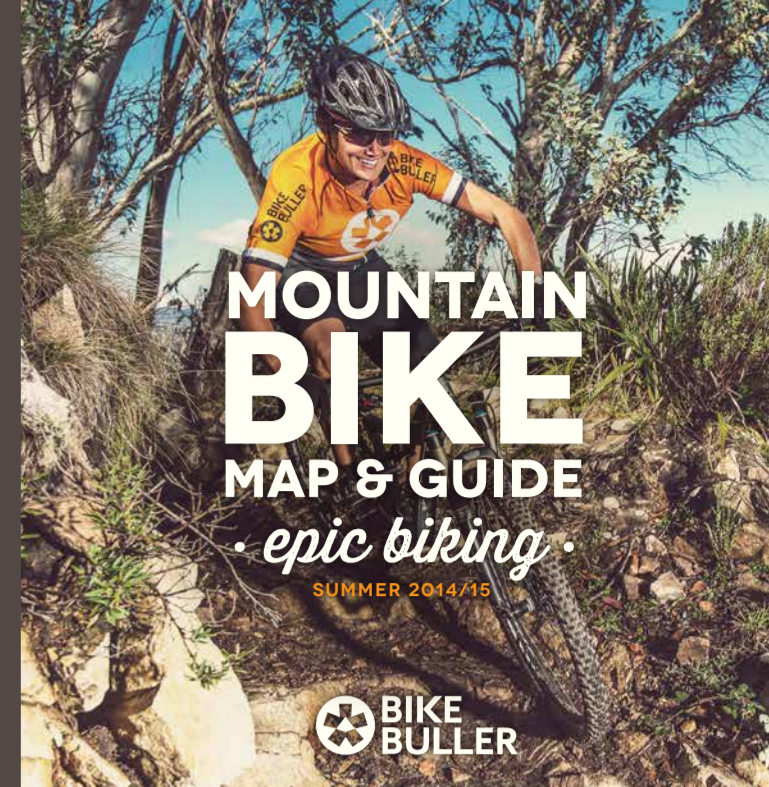
All riders using the DH trails must have a valid chairlift or shuttle pass (depending on the time of season):

### Chairlift

Trails are serviced by the Northside Express Chairlift from 26 December-1 February. The Chairlift operates 10am-4pm, and costs \$60 for a day pass, \$105 for 2 days, \$150 for 3 days and \$250 for a Chairlift season pass. Sightseer passes are \$20 for adults and \$15 for children or \$50 for a family pass (2 adults & up to 3 kids). Under 5s and over 70s ride free. Tickets are available from the lift operator.

### Shuttle

Outside of the chairlift operating period a shuttle is operated by Blue Dirt Mountain Biking. Shuttles operate 9am-4pm 7 February-26 April. The bike shuttle costs \$50 for a day pass, \$90 for 2 days for \$200 for a shuttle season pass (50 ride days). Book via 0409 161 903.



# MOUNTAIN BIKE MAP & GUIDE

epic biking

SUMMER 2014/15



# CROSS COUNTRY

Cross-country trails are available free of charge to riders and are suitable for conventional mountain bikes. They consist of a variety of terrain that may incorporate challenging technical features or obstacles. The trails are multi-use, so please ride appropriately and be courteous to other trail users. Trails open December - April.

TRAIL NAME	ICON	GRADE	DISTANCE	RIDING TIME	GRADIENT	FITNESS
<b>EASY SKILLS TRAIL*</b>		●	100m		Mostly flat.	Low endurance, medium technical skill.
<b>FAMILY TRAIL<sup>v</sup></b>		●	3km	30 mins	Gentle upwards and downwards slopes.	Low endurance, low technical skill.
<b>ONE TREE HILL<sup>v</sup></b>		●	630m	10 mins	Initial switchbacks gently climbing, then a descent through some easy berms.	Medium endurance, low technical skill.
<b>PICNIC TRAIL*</b>		●	450m	5 mins	Gentle climb on single trail.	Medium endurance, low technical skill.
<b>SOUL REVIVAL<sup>v</sup></b>		●	450m	5 mins	Gentle climb finishing with a switchback.	Low endurance, low technical skill.
<b>BOX CORNER LINK*</b>		■	700m	15 mins	Mostly flat.	Low endurance, low technical skill.
<b>CLANCY'S RUN*</b>		■	2km	10 mins	Wide fire trail, to narrow single track descending down through some switchbacks.	Medium endurance, medium technical skill.
<b>COPPERHEAD<sup>v</sup></b>		■	2.5km	5 - 20 mins (ability dependant)	Descending flow down trail on single track, average gradient of 5%, maximum gradient of 15%, incorporating multiple bermed corners. Includes some sections on fire roads but the surface is capped in most areas.	Medium endurance, medium technical skill.
<b>CORNHILL TRAIL*<sup>epic</sup></b>		■	1km	25 mins	Moderate climb on narrow single track with some switchbacks.	Medium endurance, medium technical skill.
<b>DELATITE RIVER TRAIL*</b>		■	12km	1 - 2 hours	Remote descending trail. Moderately challenging, wide descending trail with river crossings.	Medium endurance, medium technical skill.
<b>GANG GANGS<sup>v</sup></b>		■	1.4km	25 mins	Narrow singletrack finishing off with a gradient change into a short steeper descent to finish at Skills Parks.	Medium endurance, medium technical skill.
<b>INTERMEDIATE SKILLS TRAIL*</b>		■	150m		Mostly flat.	Low endurance, medium technical skill.
<b>MEDUSA*</b>		■	750m	10 - 30 mins (ability dependant)	Wide fire trail, to moderate climb on narrow single track with multiple switchbacks.	Medium endurance, medium technical skill.
<b>MISTY TWIST*</b>		■	2.6km	50 mins	Moderate downhill and uphill riding on premium single track.	Medium endurance, medium technical skill.
<b>PLOUGH SHED ENTRY*</b>		■	2.7km	5 - 20 mins (ability dependant)	Moderate descent on wide fire trail.	Low endurance, medium technical skill.
<b>RIVER SPUR*</b>		■	2.5km	45 mins	Moderately challenging upward slope.	Medium endurance, medium technical skill.
<b>SKYLINE<sup>v</sup></b>		■	931m	20 mins	Moderate climbing through a number of switch backs.	Medium endurance, medium technical skill.

TRAIL NAME	ICON	GRADE	DISTANCE	RIDING TIME	GRADIENT	FITNESS
<b>SNOWGUMS<sup>v</sup></b>		■	1.1km	20 mins	Moderate climbing through a number of switch backs.	Medium endurance, low technical skill.
<b>SPLIT ROCK<sup>v</sup></b>		■	900m	20 mins	Moderate to steep climbing through a number of switch backs and boardwalks.	Medium endurance, medium technical skill.
<b>TRIGGER HAPPY*</b>		■	2.2km	1 - 2 hours	Moderate ascent on narrow single track.	High endurance, medium technical skill.
<b>WOMBAT*</b>		■	430m	5 mins	Narrow single track, with some technical rock sections.	Low endurance, medium technical skill.
<b>WOODY'S TRAIL*</b>		■	1.2km	5-10 mins (ability dependant)	Descending, rough fire road.	Medium endurance, medium technical skill.
<b>WOOLYBUTT*</b>		■	1.7km	25 mins	Moderate downhill and uphill sections on fire trail and single track.	Medium endurance, medium technical skill.
<b>AUSTRALIAN ALPINE EPIC*</b>		◆	40km	4 - 7 hours (ability dependant)	Long distance alpine trail that includes singletrack and fire trail sections. Moderately challenging slopes, with every high country trail experience encompassed!	Trail in entirety is physically demanding, requiring medium technical skill and a high level of endurance.
<b>KLINGSPORN BRIDLE TRAIL*</b>		◆	8km	30 mins	Remote descending trail. A long difficult, steep single track with plenty of technical sections before opening to a wide fire trail towards the end.	High endurance, high technical skill.
<b>STONEFLY*</b>		◆	10km	1 - 2 hours	Loop trail that climbs for 6km, then descends for 4km. Generally, the gradients are moderate, but there are some short steep sections.	High endurance, high technical skill.

# DOWNHILL

Trails begin at the Northside Discovery Centre, and are marked with signs detailing degree of difficulty, length and elevation loss. Read the sign at the start of each track for specific trail information. Obey trail closures.

TRAIL NAME	ICON	GRADE	DISTANCE	RIDING TIME	GRADIENT	FITNESS
<b>HOME TRAIL</b>		●	2.5km (from Village Centre)	20 mins	Moderate/Undulating	Low endurance, low technical skill.
<b>ABOM DOWNHILL</b>		■	2.2km		Moderate	Medium endurance, medium technical skill.
<b>OUTLAW EXPRESS</b>		■	1km (joins International (optional) at Yellow Post)		Moderate / Undulating	Medium endurance, high technical skill.
<b>YELLOW POST</b>		■	1km to Dam Run (joins International (optional))		Moderate	Medium endurance, high technical skill.
<b>INTERNATIONAL</b>		◆	2km		Steep	High endurance, High technical skill.

### LEGEND

- <sup>v</sup> Accessible - Village-based track
- \* Remote Tracks - supplies (food, water & spare bike parts) and mobile phone must be carried and intention forms recommended.
- Easy
- Intermediate
- ◆ Advanced

## SAFETY

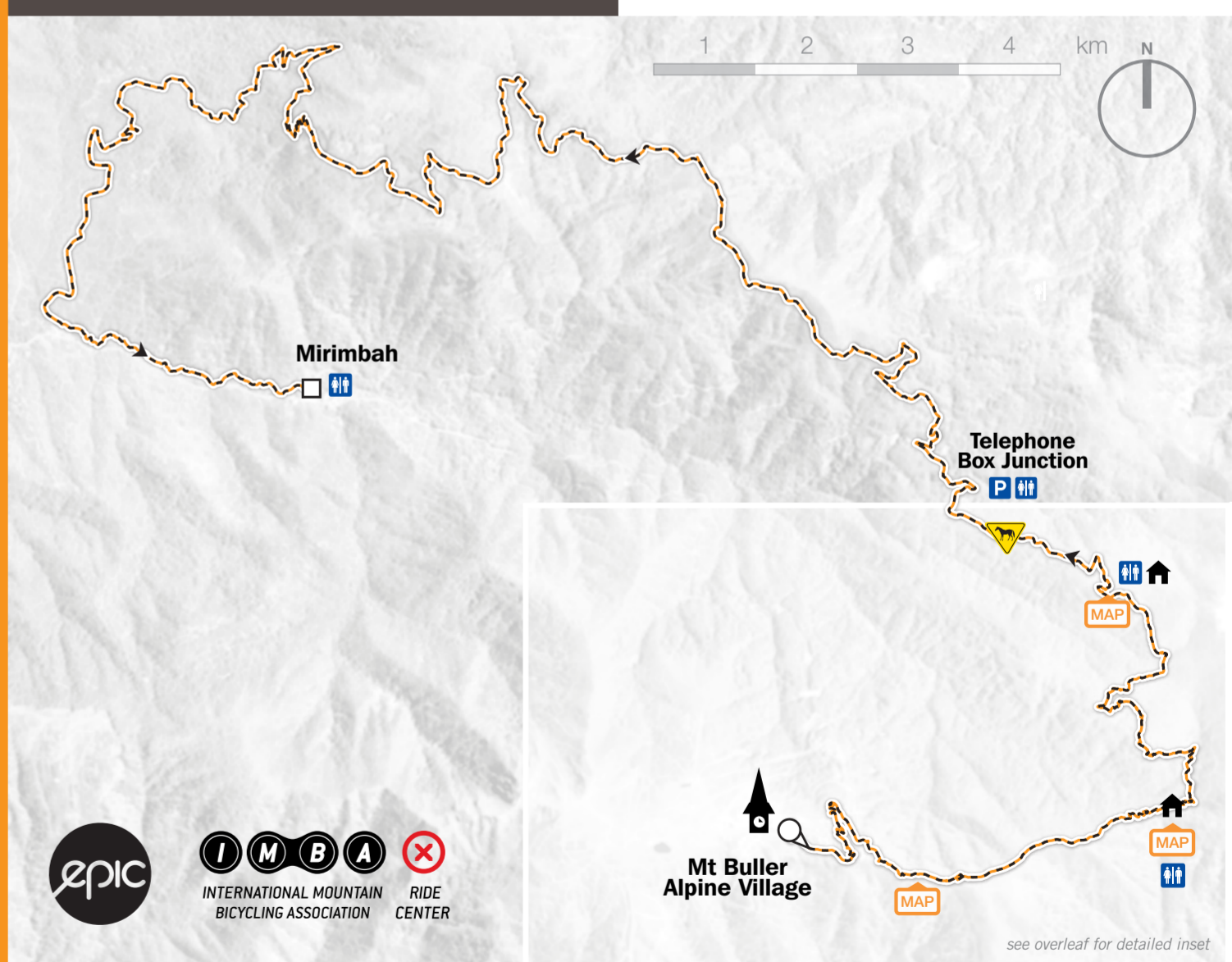
**Emergency Marker**  
Call 000 and quote  
**MTB 001**

Mountain biking can be hazardous. Trails may include unmarked obstacles and hazards such as sticks, rocks, logs, trees, steep inclines, drop-offs and loose surfaces. Riders attempting these tracks do so at their own risk.

Mt Buller is an alpine environment and conditions can change quickly, with sub-zero temperatures and even snow occurring in summer - check the weather forecast and come prepared. First aid is available during downhill trail operating hours - notify the nearest staff member and tell them the nature of the injury and your location. In case of emergency on cross-country/wilderness trails, phone 000 and quote the number on the nearest trail marker (example above) to the operator so they are able to locate you. You can also phone Resort Management on 03 5777 6077, which is able to reach emergency services on your behalf (8:30am-5pm weekdays & 10am-4pm weekends).

Mobile phone coverage (particularly Telstra) is fairly good throughout the Resort, and it is advised that you carry a mobile phone. This brochure is intended as a guide only.

The trails shown are graded according to their difficulty. Choose a trail that matches your fitness, ability and equipment and ride within your limits.



# AUSTRALIAN ALPINE EPIC TRAIL

The Australian Alpine Epic Trail is the first IMBA accredited Epic trail in the Southern Hemisphere, offering a 40km ride that descends over 1,600 metres from the top of Mt Buller (one of the most popular alpine resorts in the country) down into the surrounding valley. Tough and exhilarating, it takes riders on a truly unique journey travelling through snowgum woodlands that exist nowhere else in the world, to treeless alpine summits, dropping off into cool ferny glades surrounded by granite monoliths, and finishing alongside a crystal clear mountain stream.

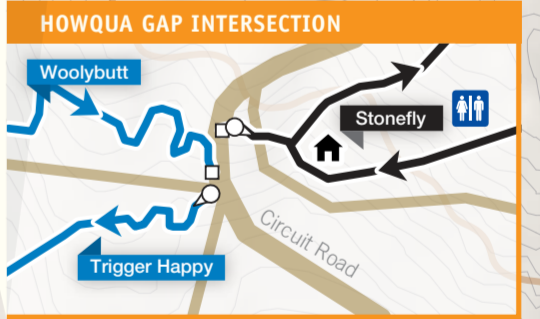
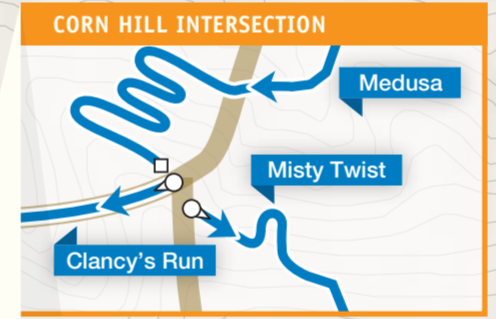
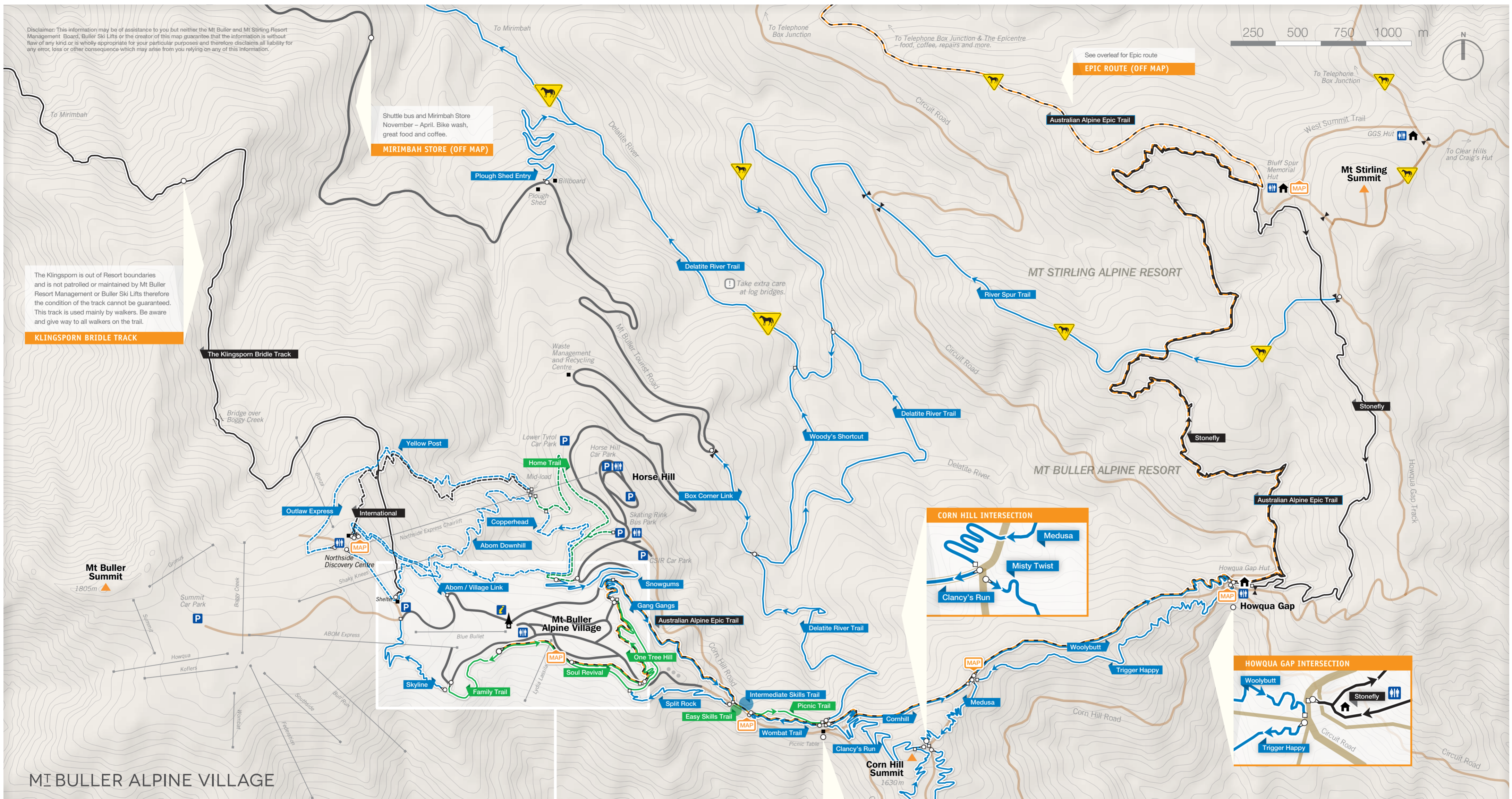
Disclaimer: This information may be of assistance to you but neither the Mt Buller and Mt Stirling Resort Management Board, Buller Ski Lifts or the creator of this map guarantee that the information is without flaw of any kind or is wholly appropriate for your particular purposes and therefore disclaims all liability for any error, loss or other consequence which may arise from you relying on any of this information.



Shuttle bus and Mirimbah Store  
November – April. Bike wash,  
great food and coffee.  
**MIRIMBAH STORE (OFF MAP)**

The Klingsporn is out of Resort boundaries  
and is not patrolled or maintained by Mt Buller  
Resort Management or Buller Ski Lifts therefore  
the condition of the track cannot be guaranteed.  
This track is used mainly by walkers. Be aware  
and give way to all walkers on the trail.

**KLINGSPORN BRIDLE TRACK**



**MAP LEGEND**

- Sealed Road
- Unsealed Road
- Water course
- Chairlift / T-Bar
- Easy – Moderate gradients, short distances
- Intermediate – Longer distances
- Advanced – Steep slopes, long distances
- Australasian Alpine Epic Trail
- Refuge shelter
- Gate
- Toilets
- Parking
- Information
- Trail Map Sign
- Clocktower
- This trail is shared with horse riders and bush walkers – please share the trail
- Easy Skills Trail
- Family Trail
- One Tree Hill
- Picnic Trail
- Soul Revival
- Box Corner Link
- Clancy's Run
- Copperhead
- Cornhill Trail
- Delatite River Trail
- Gang Gangs
- Intermediate Skills Trail
- Medusa
- Misty Twist
- Plough Shed Entry
- River Spur
- Skyline
- Snowgums
- Split Rock
- Trigger Happy
- Wombat
- Woody's Shortcut
- Woollybutt
- Australian Alpine Epic
- Klingsporn Bridle Trail
- Stonerly
- Home Trail
- Abom Downhill
- Outlaw Express
- Yellow Post
- International